



Appendix 1

COVID-19 Self-Screening Questionnaire

Updated 8/31/2021

All students, employees, contractors, visitors and guests are required to review the CCAC Self-Screening Questions prior to entering CCAC buildings and facilities. The Self-Screening Questions are posted at building entrances and on the *myCCAC* portal and may be adjusted as circumstances require. If you cannot confidently answer “no” to the screening questions, do not come to campus. Any individual who, while on CCAC’s premises, exhibits symptoms commonly associated with COVID-19, or who otherwise provides information to College personnel which indicates that an individual may have been exposed to or contracted COVID-19, must complete the [COVID-19 Reporting Form](#) and leave the premises. **Employees** should also contact the Office of Human Resources and **Students** are to contact the local Dean of Students Office. Centers for Disease Control and Prevention (CDC) and Allegheny County Health Department (ACHD) current guidelines will be utilized to determine appropriate next steps and establish a return to campus plan for the individual.

Individuals should only come to a campus/facility if they have answered “no” to every question.

- Within the last 14 days, have you had **close contact** (please reference page 2) with someone who is currently sick with suspected or confirmed COVID–19?
- Have you returned from travel outside of Pennsylvania or to areas within Pennsylvania that are experiencing a spike or surge in cases of COVID-19?
- Do you have a temperature at or above 100.4° or any reason to be concerned that you are developing a temperature (without having taken a fever-reducing medicine)?
- Have you experienced a new cough that you cannot attribute to another health condition?
- Have you experienced new shortness of breath that you cannot attribute to another health condition?
- Have you experienced a new sore throat that you cannot attribute to another health condition?
- Have you experienced new muscle aches that you cannot attribute to another health condition or specific activity such as physical exercise?
- Have you had any of the following additional symptoms in combination with the above, that you cannot attribute to another health condition or specific activity: chills, repeated shaking with chills, runny nose or new sinus congestion, fatigue, new GI symptoms, new loss of taste or smell?

Symptoms and guidance are changing often, please review the most current guidance from the CDC to check your symptoms at: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

If your symptoms are severe, you may need to contact your medical provider.

If you cannot confidently answer “no” to the above questions, do not come to campus. By coming to class/work/campus, you are attesting that you confidently answered “no” to the above questions and have a very low risk of carrying or spreading COVID–19.

Current CDC Guidance:

- [Quarantine and Isolation](#)
- [Recommendations for Fully Vaccinated People](#)
- [Caring for Someone Sick at Home](#)

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The CDC's updated guidance is intended for the community and does NOT apply to **healthcare** or **congregate** settings. Healthcare settings should follow [PA-HAN-526](#) or its successor for treating patients and residents exposed to COVID-19. Healthcare staff exposed to COVID-19 while working in a healthcare setting should follow [PA-HAN-510](#) or its successor.

TRAVEL PRACTICES - CCAC requires all students, faculty, staff and administrators to follow the CDC recommended guidelines for travel. The CDC provides information on both [Domestic](#) and [International Travel](#) for vaccinated and unvaccinated individuals. All community members are required to follow the CDC guidelines. It is required that a [COVID-19 Reporting Form](#) is completed if CDC guidelines indicate a need to quarantine or isolate due to exposure or travel.

CLOSE CONTACT: Policies & Guidelines - The CDC defines [close contact](#) as “being within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period.” If you believe you have been in close contact with someone who is positive for COVID – 19 please complete the [COVID-19 Reporting Form](#). Determination for isolation and quarantine will be made after you are contacted by a CCAC Administrator (Dean of Students or HR personnel). In general,

- ❑ **If vaccinated:** The [CDC recommends](#) testing 3-5 days after the exposure, wear a mask in public indoor settings for 14 days after exposure or until receive a negative test result. If test positive for COVID isolate for 10 days from first positive test.
- ❑ **If unvaccinated:** The [CDC recommends](#) quarantine for 14 days from the last contact with the COVID-19 positive person. During this time monitor symptoms. Quarantine can be shortened to 10 days if symptoms do not develop and 7 days if symptom-free and a negative test (policy subject to change).

TESTING - **If you are worried about exposure or have begun feeling symptoms, get tested.**

Free testing locations can be found by using this [tool](#). Please use a local address when registering for a test. A community-based testing site has been established in McKeesport at RIDC Park (455 Industry Road, McKeesport, PA 15132) operational on September 15, 2020. For more information: <https://www.alleghenycounty.us/Health-Department/Resources/COVID-19/McKeesport-Testing-Site.aspx>

Allegheny County COVID-19 HOTLINE: 888-856-2774

The Allegheny County Health Department (ACHD) has partnered with United Way 2-1-1 to offer a 24/7 hotline to address questions and concerns about COVID-19. Language services are available.

VACCINATION - **According to the CDC, vaccination is the leading prevention strategy to protect individuals from COVID-19 disease.** The College therefore strongly encourages all students, faculty, staff and partners to get one of the COVID-19 vaccines authorized for use in the United States prior to returning to on campus classes, work or activities. The College has and will continue to provide opportunities for all members of the College community to obtain the vaccine, at no cost, through both [on-campus clinics](#) and off-campus providers through the 2021-22 academic year. In addition, participation in certain athletic and extracurricular activities where masking and physical distancing are not possible may be made contingent upon each participant providing proof of vaccination.

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