Community forum to focus on violence, community involvement

PITTSBURGH—The Community College of Allegheny County, in partnership with Black Women for Positive Change, will present a community forum entitled Defending Individuals, Families and Communities—Our Lives Matter on Wednesday, March 11, from 11 a.m. to 1 p.m. on the second floor of the CCAC Allegheny Campus Foerster Student Service Center building.

The featured panelists will include: Maurita Bryant, assistant chief, Pittsburgh Bureau of Police; Shawn Butler, director of programs, The Pittsburgh Promise; Austin Davis, executive assistant, County of Allegheny, Office of the County Executive; Diane I. Daniels, business writer, New Pittsburgh Courier; Shirley Craig, ambassador, CCAC; and Chief Edward Bogats, director of Safety & Security, CCAC.

This “lunch and learn” forum is free and open to the public. Individuals are encouraged to bring a clergy member, family member or friend to be part of the discussion that will focus on issues relating to violence, anger management and community involvement.

For more information, please call 202.347.5566 or search #OurLivesMatter on Twitter. CCAC Allegheny Campus is located at 808 Ridge Avenue, Pittsburgh (North Shore), Pa., 15212.

Listing of Women’s History Month Events, Activities

Boyce Campus
• CD Series, “A History of Women’s Achievements in America”
  - Mondays – “The Making of a New World” and “The Era of Women’s Firsts”
  - Tuesdays – “Women Speak Out” and “America Becomes a Super Power”
  - Thursdays – “American Women Find Their Voice” and “A New Age of Equality”
• Student Physical Therapy Association is conducting a clothing drive throughout the month. Donations will go to local women shelters.
• Quotes and slides posted throughout the campus about women.

Allegheny Campus
• Lunch and Learn: Our Lives Matter: 3/11
  Please plan to attend and share in our discussion regarding violence, anger management and community involvement. Sponsored by CCAC and Black Women for Positive Change
  SSC Auditorium lobby, 11 a.m.–1 p.m.
• Across Community Lines: Leadership in Families: 3/23
  Complimentary lunch will be served. In conjunction with the Democracy Commitment, attendees will hear from Community/CCAC guest panelist who will focus on leadership
  Jones Hall, 10 a.m. - 12 p.m. and 1 p.m. - 3 p.m.
• Women’s History Month Panel Discussion and Luncheon: 3/25
  Complimentary lunch and Women’s History Month t-shirt for attendees of the panel discussion. Panelist from CCAC, Allegheny campus will focus on the 2015 theme: “Weaving the Stories of Women’s Lives.”
  SSC Building Auditorium Lobby, 12 p.m.

North Campus
• Women’s History Month Display throughout the campus that will focus on the accomplishments of women.
• Film “Miss Representation” Documentary: 3/18
  This documentary explores under-represented women in positions of power in America and challenges the media’s limited portrayal of what it means to be a powerful woman.
  Student Lounge, 11 a.m. – 1 p.m.
• Film “America the Beautiful” 3/19
  This film deals with the unrealistic and impossible standard of female beauty in our society. It also discusses issues like plastic surgery and body modification.
  Student Lounge, 11 a.m. – 1 p.m.
• Sexual Violence Prevention & Personal Safety Workshop: 3/24
  This workshop will be conducted by our certified staff members Nina Lyons, Devin Patterson and Della Pappas
  Room 1115, 8:30 a.m. – 10 a.m.
• Film – “The Invisible War”: 3/25
  SSAM (Stop Sexual Assault in Military) is a group committed to spread awareness regarding sexual assaults in military. They fight for justice and undertake policy advocacy.
  The main speaker will be Ginny Hildebrew. The panel will also discuss assaults on university campuses.

South Campus
• Women’s History Month Display that will focus on the accomplishments of everyday women along with famous women of various professions.
• Film - “The Invisible War”:
  - 3/25
  - SSAM (Stop Sexual Assault in Military) is a group committed to spread awareness regarding sexual assaulted in military. They fight for justice and undertake policy advocacy.
  Tigers Lair Room A306, 12 p.m.
Braving the Last Snowstorm

Valiant Students Use Learning Centers During Freeze

Story and photo by Liz Hand

COLLEGIAN STAFF

Most of us are looking forward to the spring weather that will soon be upon us again.

I was wishing for one big snowstorm so that I could stay home and bake cookies, but instead we had many little episodes of bad weather.

So, where were you on February 25 of this year when we had our last significant snowfall?

When you were a high school student you may have had a lot of delays for the start of school. You may have even glued yourself to the television screen hoping for a closing.

But, on February 5 there was no such thing.

As a student myself I have only missed one class this entire semester. Since I have to drive downtown for school and visibility was very bad, I made a judgment call earlier this semester and stayed home.

When I emailed my professor to tell him that I really didn’t want to miss his class but thought it was the right decision, he emailed me back to congratulate me for having a sound mind.

But, on February 25, despite four or five inches of snow on the driveway and a lightly cleared hilltop road, I ventured out to my commute to Boyce Campus to work.

First of all, I congratulate all of you who used your sound mind to take that day off you had coming to you or those of you who were not up for the commute for one reason or another.

As for me, I was tired of the snow closing in on these four walls and feeling like I was in an igloo, plus people were counting on me to go to work, so I ventured out. I told myself that if I conquered the snow today, it would not come back until next winter.

I managed to get down the driveway and our hilltop road. But, when I got to the main road, hardly a plow had touched it.

The commute was like that for the next four miles. Instead of listening to my normal classical station, I put 94.5 FM on the radio. What a difference it made for my challenge ahead. I survived the first mile and the second. Then the music and lyrics to the song “Flash Dance” got me moving. I was singing, “What a feeling…” “Take your passion and make it happen.”

Next, in line for the song mix was the Beatles song, “Here comes the sun. It’s been a long cold lonely winter. I feel the ice is melting.” That got me through the next mile.

Then the song by Gio- ria Gaynor, “I Will Survive.” I started singing, “At first I was afraid I was petrified…” “There are at least five times she sings the word “survive” after that.

So, now that I made it to the college, I see reliable Tom Baheo in security by the door to greet me.

Other than that, the hallway was empty. There were a couple of extremely small classes in session. I counted at least four students in one.

There was one professor standing outside of the room to his class. No one had showed up to that point. There was the professor who took the taxi to work and a couple of people in the hallway near my place of work.

The students came from Braddock and Penn Hills, and they both told me that the roads were really bad. Within a couple of hours the Learning Commons and the Math Cafe were full of people. It was busier than normal.

I was glad that I made it in. People were relying on me to come into this wonderful place to get their work done.

Perhaps like me they find that it is easier to get the work done surrounded by many who are in need of serious concentration and not too many distractions.

So, really everyone is to be commended for that day.

But, I am constantly amazed at the seriousness and dedication of people around me.

If you would like to visit us at the 5th floor Learning Commons, we are here to help you with your writing assignments.

We also have software to help with translation if you are an international student. Just take the long hallway towards the back of the school. The double doors are straight ahead to the right of the stairs.

The nice thing about the Learning Commons and the Math Cafe is that no appointments are needed.

Soon, spring weather will be here and the hard campuses will be a distant memory.

If you’d like to write for The Boyce Collegian, it’s easy to submit.

Just e-mail Peggy Roche at proche@ccac.edu.

This newspaper is the first place students, faculty, and staff can turn to voice opinions about community college life or the world at large.

The paper is published on CCAC’s website and on Boyce’s Student Life page on Facebook.

Our next deadline is April 13.
Domestic violence has been around since the beginning of time, but thankfully, the laws have changed with the times. Violence against women has been reported since ancient Roman times and has been commonplace in America since Colonial times. The 1768 English “Rule of Thumb” law stated that a husband may beat his wife as long as the stick he is beating her with was no wider than his thumb.

Statistics show that women are five times more likely to be victims of domestic violence than men, but this does not mean that men are exempt from being victimized. 

Sex also shows that the rate of female victims is down 50% and the rate of male victims is down 70% just since 1976, but remember, these statistics are only based on the victims who report the crime.

So many assaults go unreported for so many different reasons. The victim may be afraid of the retaliation. Victimization is always heard to say “if I told anyone, if anyone found out, it would get worse. He would kill me.”

In some instances, the women are afraid to report their husbands because they are financially dependent on them. If they get convicted and go to jail, they will have no money.

Sometimes women convince themselves “it was only this one time. He swears he’ll never do it again.”

Since the beginning of the 2014-2015 season of the National Football League, domestic violence has seemed to be running rampant amongst the players.

In October, 2014, there seemed to be running rampant amongst the players. League, domestic violence has seemed to 2015 season of the National Football League, domestic violence has seemed to be running rampant amongst the players.

According to the National Intimate Partner and Sexual Violence Survey: 2010 Summary Reports one in four women and one in seven men in the United States have experienced severe physical violence by an intimate partner in their lifetime, while nearly a third of women and a fourth of men have been slapped, pushed or shoved.

and years and just been covered up or kept quiet? Is there any underlying reason as to why this is happening within one group of people?

Have these men been so programmed by their upbringings to believe that they can get away with anything that they are superior to others because they have been put on such a pedestal their whole lives?

Do they think someone will always bail them out, because of who they are, because of their stature?

Domestic Violence in the NFL

In the fall of 2014, Minnesota Vikings’ starting running back Adrian Peterson was arrested on charges of child abuse for beating his 4-year-old son with a tree branch.

Peterson, 29, pleaded no contest in Conroe, Texas, in November 2014, to a misdemeanor assault charge and was ordered to pay a $4,000 fine and perform community service.

The incident involved a player who was not the first game of the season before his arrest. After his arrest, he was placed on an “exempt” list.

While listed on an “exempt” list, a player may not take the field for any reason, but is still permitted to accept his salary, which in Peterson’s case, is $11.75 million.

When questioned by the authorities, Peterson showed no remorse, claiming that he was just doing his job.

He saw absolutely nothing wrong with what he did to his own child. To him, it was merely punishment, discipline, the same as he felt he had when he was a child.

Peterson will not be considered for reinstatement before April 15, 2015, for violating the NFL Personal Conduct Policy, and NFL Commissioner Roger Goodell said Peterson “must undergo intensive counseling and treatment before being considered for reinstatement.”

On August 31, 2014, an incident occurred at a 30th birthday celebration for San Francisco 49ers defensive line-up star Ray McDonald. McDonald was not charged with assaulting his pregnant fiancé, because, according to District Attorney Jeff Rosen, “We do not have sufficient evidence to convince a jury beyond a reasonable doubt that Mr. McDonald committed a crime.” Because there were no charges filed, McDonald’s status will remain active with the 49ers.

An incident involving Ray Rice, running back for the Baltimore Ravens, is the story that sparked the most attention of all of the recent events within the NFL.

In September 2014, a security video from an elevator in an Atlantic City, New Jersey, casino surfaces. It depicts Rice and his fiancée (now wife) Janay Palmer in an early morning fight from February 2014.

It clearly shows them striking each other which ended in a one punch knock out to Palmer and shows Rice dragging Palmer’s lifeless body out of the elevator. Rice is given a two-game suspension by the NFL after the February 2014 arrest. Once the security video is leaked in September 2014, the NFL is forced to take stronger action.

After viewing the video, the NFL issues an indefinite suspension to Rice, which Rice in turn files an appeal. On November 28, 2014, Rice won his appeal and is now eligible to sign with any NFL team, that is, if any team chooses to take him on.

The most famous, or infamous, case of domestic abuse that rocked the NFL, and the rest of the world, was on June 13, 1994, when Nicole Brown Simpson, ex-wife of O.J. Simpson, and her friend, Ronald Goldman, were found stabbed to death outside Brown’s condominium in the Los Angeles, California, suburb of Brentwood.

Born Orenthal James Simpson on July 9, 1947, in San Francisco, California, Simpson was raised in the projects. He played youth football and excelled. At age 13, he joined a gang called the Persian Warriors.

In college, he played football at USC and went on to win the Heisman Trophy. He signed with the Buffalo Bills in 1967. He retired from the NFL in 1979 as a San Francisco 49er.

Simpson quickly became a suspect when his ex-wife’s body was found.

The police chase of the “white Bronco” down the L.A. highways became a “breaking news” story and nationally televised event.

After a very long and very publicized trial, on October 3, 1995, Simpson was acquitted in the criminal trial. In the civil trial, Simpson was found guilty and forced to pay millions of dollars in retribution to the Goldman family. Ironically, Simpson is now in a Las Vegas, Nevada, jail serving time for robbery.

Teach Children Well

Statistics also show that young people, ages 16-24, are at the highest risk for abuse. Some of the cases involve abuse from their parents and some abuse can come in ways of bullying at the hands of their siblings.

As in Peterson’s case stated previously, he only felt he was disciplining his son mirroring the way he was disciplined as a child.

Isolation

Next is isolation. This includes holding them back from their loved ones, preventing them from bettering themselves by having a job or furthering their education, and controlling where they go.

Control

The third is control. Holding back money is the biggest sign of control in a relationship. Another sign is not allowing them to make their own decisions.

Coercion

The fourth sign is coercion. This includes forcing a partner to have sex against his/her will or forcing them to do anything that they are not comfortable with.

Aggressive Threats

The final sign is threats of aggression or violence. Destroying property or intimidating a partner in any way falls into this category. The last two signs are the most physical and usually when the breaking point finally comes for a victim to speak out.

All of the other signs, quite frequently, are only precursors to the physical actions. If the signs can be recognized early on, before the physical abuse starts, so many victims could be spared.

The one positive thing that comes out of all of this is that awareness is constantly being brought to the forefront due to these high profile cases. The laws are continuously changing to help the victims.
The Rise of Women in the Death Care Industry

Girls Just Want to Have Funerals

By Arianna Schofield

BOYCE STUDENT

Funeral directors are trained to handle all aspects of the work, and women who choose this line of work cannot be squeamish. In small funeral homes the funeral director is often in charge of all aspects of the business. This includes being able to embalm the bodies according to legal requirements which, according to PA law, states that “human remains kept under refrigeration over 24 hours beyond death shall be maintained at a temperature level between 35° and 40°F. The remains shall be buried, cremated or entombed within five hours following removal from refrigeration.” They must also attend to the cremation of a body if requested by the family of the deceased individual and apply cosmetics to the body of the deceased in a dignified and professional way.

More recently, as people attend church less, funeral directors are also expected to fulfill roles traditionally played by clergy, such as performing the service and providing grief counseling. Many women find this a challenging yet fulfilling aspect of the business as it can be easier to connect to the bereaved on an emotional level and come alongside them with support in their grief.

Mortuary work is a growing business. Many schools such as The Pittsburgh Institute of Mortuary Science are capable of placing a large portion of graduates into jobs in their field after graduation, regardless of sex. PIMS itself has placed over 88% of graduates within one year of graduation for the past five years. Similarly, the Cincinnati College of Mortuary Science was able to place 87% of its graduates in 2013.

Working conditions can vary greatly in the death care industry. Women must be able to complete tasks such as body work in the prep room and picking up dead bodies from the death site, as well as deal with the emotional drain that comes with dealing closely with grieving families.

Sometimes they may be forced to deal with customers who have obscure or difficult requests, and they must complete these wishes to the best of their abilities and within the norms for personal and professional ethics.

The death care industry is a well-paying business, and that figure is only increasing. According to the Bureau of Labor Statistics (BLS), the national mean annual income for undertakers was $62,490 as of May 2010, with the top 10 percent of undertakers earning just under $100,000 per year.

In the nature of this business, it is very location driven. Some states have a much higher employment and pay rate than others and this can drastically affect how easy it will be for women to find work in this field.

Popular “snowbird” states such as Florida, Texas, and California host greater populations of elderly and dying people, so the need for morticians, undertakers and funeral directors is much larger than states such as Idaho or New Mexico, which have a younger population overall.

As of 2011, about 14 percent of funeral homes nationwide were owned by women, compared to the five percent owned by women in 1998.

And the number of jobs available to women has grown by 12% over the past decade. But even with these major steps forward, women continue to struggle to get the recognition they deserve for their work, and job opportunities continue to be scarce.

Women working in the death care industry should be seriously considered.

The road may be rough at times, but the benefits of a good job with a solid customer base combined with a natural emotional contribution and a higher sense of satisfication make it all worth it.
Carpenters Joint Apprenticeship Training Center
652 Ridge Road • Pittsburgh, PA 15205
For directions, visit www.kmlcarpenters.org/directions.html
A tour of the facilities and refreshments will follow the discussion. The event is free and open to the public. Reservations are requested by Monday, April 20, 2015. CEUs are available. For more information or to register, contact 412.237.4412 or LaborManagement@ccac.edu. Free parking is available.
BRADDOCK HILLS CENTER: The month of March will be an educational, informative month at CCAC Braddock Hills Center for students. Braddock Hills Center Student Council will be holding three free information workshop sessions for students.

Wednesday, March 11th from 11 a.m. - 12 p.m. a Women’s Wellbeing information workshop will be held. Sponsored by the Counseling Center at Slippery Rock University, speakers will be discussing topics regarding Women’s Wellbeing and Domestic Violence.

Wednesday, March 18th 11 a.m. – 12 p.m., “Clean up Your Credit Score” information workshop sponsored by Bank Braddock Hills Center Student Council Knowledge Is Power On Greater Pittsburgh, Dollar Bank, this session will cover ways to improve your credit score. Wednesday, March 25th 11 a.m. – 12 p.m., workshop and presentation, “Understanding Your Checking Account” sponsored by Bank On Greater Pittsburgh, Dollar Bank.

If you have ever had questions regarding your checking account, online banking with your checking account, or how to open a checking account, this workshop will supply the information you need. Each workshop is open to all students at the Campus and Centers. Please call Braddock Hills Center for more information. 412-271-0201.

Boyce’s bowling team competed in the NJCAA Invitational Bowling Championships, March 5-7, 2015, in Buffalo, NY. Kevin Hindman (above left with Coach Angelo Bordogna) earned All American honors by placing 2nd in All Events out of 102 male bowlers. Other CCAC Boyce bowlers who participated in the tournament included Angela Chusko who placed 25th and Starr Edwards who placed 31st in All Events out of 86 female bowlers.

All Events is the total pin fall from 12 games bowled over two days. Kevin is the 5th All American bowler from Boyce Campus. Kevin and Angela also earned WPCC All Conference honors during the regular WPCC season competition in January and February.

Boyce Campus Community College of Allegheny County Spring Baseball 2015

March 21 Sat. Carnegie Mellon University Club 12:00 Home DH
28 Sat. CCAC South 12:00 Away DH
30 Mon. Penn State Fayette 2:00 Away DH
April 2 Thur. Butler CCC 2:00 Home DH
3 Fri. Jamestown CC, NY 12:00 Away DH
7 Tue. Westmoreland CCC 4:00 Away S
9 Thur. Penn State Greater Allegheny 4:00 Home S
12 Sun. Lorain CCC, OH 12:00 Home DH
14 Tue. Butler CCC 2:00 Away DH
16 Thur. Westmoreland CCC 2:00 Home DH
19 Sun. Lorain CCC, OH 12:00 Home DH
21 Tue. CCAC South 4:00 Home S
23 Thur. Penn State New Kensington 4:00 Home S
25 Sat. Carnegie Mellon University Club 12:00 Away DH
28 Tue. CCAC South 4:00 Home S
May 2 Sat. Western Pennsylvania Collegiate Conference TBA
3 Sun. Baseball Tournament TBA
5 Tue. Region XX Play-In Game (if necessary)4:00 TBA S
8 Fri NCCAA Region XX Division III 1-4 Away
9 Sat Baseball Tournament 11-2:30 Away
10 Sun. at Prince George’s CC 11-2:30 Away

Bill Holmes – Head Coach
Alex Mellon – Assistant
595 Beatty Road, Monroeville, PA 15146 724-325-6621

East/West Project
Get WORKFORCE READY in just a ONE YEAR Information Sessions:

March 16, 2015 & May 19, 2015 10:00am-11:00am
Boyce Campus (Boyce Bistro)
595 Beatty Rd, Monroeville, PA 15146
Call 724-327-1837

March 30, 2015 & April 8, 2015 10:00am-11:00am
Boyce Campus (Boyce Bistro)
595 Beatty Rd, Monroeville, PA 15146
Call 724-327-1837

Email sport.bowling@ccac.edu to register

Submitted by: Boyce Campus Admissions Department
North Campus hosts Open Stage Night

CCAC Public Relations:
The Community College of Allegheny County North Campus will host an Open Stage Night, hosted by Greg Joseph of The Clarks, on Monday, March 16, 2015, from 7 p.m. to 9 p.m. on the CCAC North Campus Atrium stage, 8701 Perry Highway, McCandless.

Any talented individuals interested in performing acoustic music, voice, poetry or comedy is urged to attend. This event is free and open to the public.

Call 412.369.3725 for additional information.

SPTA Spring Activities

By Elizabeth Wick

CCAC’s Student Physical Therapy Association is celebrating Women’s History Month by collecting new and gently used clothing items to donate to local women’s shelters. The SPTA is excited to turn spring cleaning into something that can benefit others in need!

During the month of March, we commemorate the accomplishments of women throughout history. Women such as Susan B. Anthony, Margaret Mead, and Mary McMillan continue to serve as inspirations and examples of strong leaders committed to positive change in society.

In addition to the Spring Clean for women’s shelters, the SPTA also will be collecting new and gently used household items for The Blessing Board in Monroeville. The Blessing Board is a non-profit organization that receives furniture, appliances and household goods and then donates them to people who need them in our community. Examples of great items to donate include linens, lamps, dishes, pots and pans, and tableware.

Collection boxes can be found at the Boyce Campus in labeled boxes on South 5, North 4, and North 2 levels.

Massage Therapy Fall 2015 New to Boyce

By Boyce Campus Admissions

The CCAC Massage Therapy degree program is designed to prepare students for a career in therapeutic massage. Participants will acquire skills in the different types and levels of massage and learn how to begin and operate a massage therapy practice. Graduates are eligible to apply for licensure as a massage therapist in Pennsylvania.

Common employer settings for therapists may include independent contractors or employees, in a variety of health-related settings including pain management clinics, wellness retreat centers, hospice facilities, orthopedic centers and physical therapy and chiropractic offices. Licensed therapists may also be employed in athletic clubs, resorts, spas, yoga centers, and of course, beauty salons, dance studios and on cruise ships.

The US Department of Labor, Bureau of Labor Statistics indicates employment of massage therapists is expected to increase by 19% from 2008 to 2018*, faster than the average for all occupations, as more people learn about the benefits of massage therapy.

With potential employers ranging from health spas and alternative wellness clinics to chiropractors, hospitals and long-term care facilities, the potentials for employment and advancement are strong.

*Source: www.bls.gov/oco/ocos295.htm

Boyce Campus Participates in Sci-Tech Days at Carnegie Science Center

ADMISSIONS: CCAC/Boyce Campus was invited to participate in Sci-Tech Days at Carnegie Science Center on March 3, 2015. Interactive demonstrations from Boyce’s Paramedic and Massage Therapy Programs were the focus of this year’s event which included students from multiple schools in Allegheny County.

Both fields provide strong career options for interested students. Applications are still being accepted for the certificate and degree programs which begin Fall, 2015. Contact estrenkowski@ccac.edu for enrollment information.

Braddock Hills Student Council Says NO MORE

Story and Photos submitted by Barbara Poppa for Braddock Hills Student Council: Braddock Hills Center has an important event on Wednesday, March 11th from 11 a.m. to 12 p.m. for women’s wellbeing.

BHC has posted this event and joined with NO MORE to educate students and guests about a very important topic. NO MORE is a public awareness and engagement campaign focused on ending domestic violence and sexual assault.

Braddock Hills Center wants to bring this awareness to the community and sexual assault to all students, faculty and staff. These problems are affecting millions. With March being women’s health month, the BHC student council is sponsoring a workshop and information session to answer questions and give information on these very important topics.

Almost every major national domestic violence and sexual assault organization in the U.S. – from men’s groups, to groups that help teens and young people, to organizations serving women of color, and those who focus on families and children – all of them and more are supporting NO MORE.

Braddock Hills Student Council is proud to be a part of this important event. Everyone is welcome, students and staff. Mark your calendars for March 11th to join us here at BHC. (Above) A BHC bulletin board allows students to write and express their opinion for “I Say NO MORE because” in their own words.
Transfer the credits from your associate’s degree and get the bachelor’s you need in today’s competitive job market from a world-class university.

MOST POPULAR MAJORS:
- ADMINISTRATION OF JUSTICE (BA)
- HEALTH SERVICES (BA and BS)
- MEDIA AND PROFESSIONAL COMMUNICATIONS (BA)
- NATURAL SCIENCES (BS) Includes premed

Learn more at cgs.pitt.edu/OpenHouse/cc